



# AQUA ZUMBA

**6:30 - 7:15 p.m. | Lap Pool | Join the party**

- Make a splash with high-energy Zumba moves and low-impact aqua fitness.
- Dance moves, pool party & an invigorating water workout combined.
- Groove, smile and burn calories with Kristin.
- \$5 Members | \$15 Non-members
- Sign up online or at the front desk.



FOR MORE INFORMATION: Contact Carla Zedicher | 402.413.4012 | [czedicher@madonna.org](mailto:czedicher@madonna.org)